



Palm Sugar

PAN ASIAN RESTAURANT



63-67 Duke Street
St Helens
WA102JF



01744 340628

Hot Starters



1.DEEP FRIED VIETNAMESE SPRING ROLL

CRISPY VIETNAMESE SPRING ROLLS FILLED WITH SEASONED PORK, GLASS NOODLES, AND VEGETABLES, SERVED GOLDEN-FRIED WITH A VIETNAMESE SWEET & SOUR DIP

£6.95

2.DEEP FRIED VEGETARIAN VIETNAMESE SPRING ROLL (V)

CRISPY DEEP-FRIED VIETNAMESE SPRING ROLLS FILLED WITH FRESH VEGETABLES, GLASS NOODLES, AND AROMATIC SEASONINGS, SERVED WITH VIETNAMESE SWEET & SOUR DIP

£5.95

3.DEEP FRIED PRAWN WONTON

GOLDEN-FRIED WONTONS STUFFED WITH PRAWNS AND AROMATIC SEASONINGS, WITH A SWEET & SOUR DIP

£6.95

4.DEEP FRIED PRAWN ON TOAST

CRISPY GOLDEN TOAST TOPPED WITH SEASONED PRAWN PASTE AND DEEP-FRIED TO PERFECTION SERVED WITH SWEET & SOUR DIP

£7.95

5.WASABI PRAWN

CRISPY BATTERED PRAWNS TOSSED IN A CREAMY WASABI SAUCE FOR THE PERFECT BALANCE OF HEAT AND FLAVOUR.

£8.95

6.SALT & PEPPER CHICKEN WINGS

CRISPY CHICKEN WINGS TOSSED WITH SALT, PEPPER, GARLIC, AND CHILLI FOR A BOLD SAVOURY KICK.

£7.95

7.BEEF STEAK ROLL CANTONESE STYLE

TENDER BEEF STEAK ROLLS CANTONESE-STYLE, FILLED WITH FRESH VEGETABLES AND FINISHED IN A RICH SAVOURY SAUCE.

£11.95

8.GRILLED PORK & SWEETCORN PATTY

JUICY GRILLED PORK AND SWEETCORN PATTIES SEASONED WITH AROMATIC SPICES AND SERVED WITH A SWEET & SOUR DIP

£7.95

9.STEAMED SUI MEI

DELICATE STEAMED SIU MAI DUMPLINGS FILLED WITH SEASONED PORK AND PRAWNS, SERVED TENDER AND FLAVOURFUL.

£6.95

10.STEAMED BEEF DUMPLING WITH GINGER & SPRING ONION

STEAMED BEEF DUMPLINGS WITH GINGER AND SPRING ONION, SERVED TENDER AND FULL OF SAVOURY FLAVOUR.

£7.95

11.SHREDDED DUCK WITH PANCAKES

CRISPY SHREDDED DUCK SERVED WITH SOFT PANCAKES, FRESH CUCUMBER, SPRING ONIONS, AND HOISIN SAUCE.

£11.95

Cold Starters

12.HOT & SPICY CHICKEN ROLL

SLOW COOKED CHICKEN ROLL SZECHUAN STYLE WITH AN AUTHENTIC CHINESE GARNISH

£6.95

13.SUMMER ROLL

FRESH VIETNAMESE SUMMER ROLLS FILLED WITH PRAWNS, VERMICELLI NOODLES, CRISP VEGETABLES, AND FRAGRANT HERBS, SERVED WITH A LIGHT DIPPING SAUCE

£6.95

14.THAI PRAWN SALAD

FRESH THAI PRAWN SALAD TOSSED WITH CRISP VEGETABLES, HERBS, AND A ZESTY CHILLI LIME DRESSING - CONTAINS PEANUTS

£10.95

15.SUSHI MIX - 8 PIECES

A SELECTION OF FRESHLY PREPARED SUSHI ROLLS AND NIGIRI, SERVED WITH SOY SAUCE.

£12.95

ASK YOUR SERVER FOR TODAYS SELECTION

Soups

16.CHICKEN & SWEETCORN SOUP

CLASSIC CHINESE CHICKEN AND SWEETCORN SOUP WITH TENDER CHICKEN, SWEETCORN, AND SILKY EGG IN A LIGHT SAVOURY BROTH.

£5.95

16.HOT & SOUR SOUP (V)

CLASSIC CHINESE HOT AND SOUR SOUP WITH MUSHROOMS, BAMBOO SHOOTS, TOFU, AND EGG IN A RICH TANGY BROTH WITH A WARMING CHILLI KICK.

£5.95

17.WONTON SOUP

DELICATE PORK AND PRAWN WONTONS SERVED IN A LIGHT CHINESE BROTH WITH FRESH GREENS AND AROMATIC SEASONINGS.

£7.95

18.TOM YUM SOUP (V)

TRADITIONAL THAI TOM YUM SOUP WITH FRAGRANT LEMONGRASS, LIME LEAVES, MUSHROOMS, AND CHILLI IN A HOT AND SOUR BROTH.

£5.95

19.TOM YUM SOUP WITH CHICKEN

TRADITIONAL THAI TOM YUM SOUP WITH TENDER CHICKEN, FRAGRANT LEMONGRASS, LIME LEAVES, MUSHROOMS, AND CHILLI IN A HOT AND SOUR BROTH.

£7.95

Main Courses



- 20.KATSU CHICKEN WITH RICE** £13.95
CRISPY BREADED CHICKEN SERVED WITH STEAMED RICE AND RICH JAPANESE KATSU CURRY SAUCE.
- 21.KOREAN PULLED BEEF WITH RICE** £14.95
SLOW-COOKED KOREAN PULLED BEEF SERVED OVER STEAMED RICE WITH RICH SAVOURY-SWEET FLAVOURS AND A HINT OF SPICE.
- 22.TERRIYAKI SALMON WITH RICE** £15.95
GRILLED SALMON GLAZED IN SWEET TERIYAKI SAUCE, SERVED WITH STEAMED RICE AND FRESH SEASONAL VEGETABLES.
- 23.THAI GREEN CURRY WITH RICE (V)** £12.95
TRADITIONAL THAI GREEN CURRY SIMMERED IN CREAMY COCONUT MILK WITH VEGETABLES, AROMATIC HERBS, AND STEAMED RICE.
- 24.NASI GORENG (V)** £12.95
INDONESIAN-STYLE FRIED RICE STIR-FRIED WITH VEGETABLES, AROMATIC SPICES, AND TOPPED WITH A FRIED EGG.
- 25.SPICY CHICKEN** £13.95
DEEP FRIED SPICY CHICKEN STIR-FRIED WITH CHILLIES, PEPPER & ONIONS AND BOLD ASIAN SPICES FOR AN INTENSE HEAT KICK.
- 26.POACHED BEEF SICHUAN STYLE** £16.95
TENDER POACHED BEEF SIMMERED SICHUAN-STYLE IN A FIERY CHILLI BROTH WITH VEGETABLES, GARLIC, AND NUMBING SPICES.
- 27.THAI SWEET CHILLI CHICKEN** £13.95
CRISPY CHICKEN TOSSED IN THAI SWEET CHILLI SAUCE WITH A PERFECT BALANCE OF SWEETNESS, SPICE, AND SAVOURY FLAVOUR.
- 28.PAD KRA PAO MAIN**
TRADITIONAL THAI PAD KRA PAO WITH YOUR CHOICE OF MEAT, STIR-FRIED WITH CHILLI, GARLIC, AND FRAGRANT HOLY BASIL, SERVED WITH STEAMED RICE AND A FRIED EGG. CHOOSE EITHER:
A. MINCED BEEF OR B. CHICKEN
A. £13.95
B. £12.95
- 29.DEEP FRIED PORK CHOP WITH LEMON GRASS** £14.95
CRISPY DEEP-FRIED PORK CHOP MARINATED WITH FRAGRANT LEMONGRASS AND AROMATIC SPICES, SERVED FULL OF BOLD SAVOURY FLAVOUR.
- 30.FILLET STEAK CANTONESE STYLE** £19.95
TENDER FILLET STEAK CANTONESE-STYLE STIR-FRIED WITH ONIONS, PEPPERS, AND RICH SAVOURY SAUCE.
- 31.STIR FRIED BEEF IN BLACKBEAN SAUCE WITH GREEN PEPPER** £13.95
TENDER BEEF STIR-FRIED WITH GREEN PEPPERS IN A RICH AND SAVOURY BLACK BEAN SAUCE, SERVED FULL OF BOLD CANTONESE FLAVOUR.

Noodles

- 32.PAD THAI NOODLE** £12.95
CLASSIC THAI PAD THAI STIR-FRIED WITH RICE NOODLES, EGG, BEAN SPROUTS, AND PEANUTS, CHICKEN & PRAWNS. **CONTAINS PEANUTS**
- 33.STIR FRIED NOODLE**
STIR-FRIED NOODLES TOSSED WITH FRESH VEGETABLES AND SAVOURY SAUCE. CHOOSE FROM:
A. CHICKEN A. £12.95
B. BEEF B. £13.95
- 34.SINGAPORE VERMICELLI** £13.95
SINGAPORE-STYLE VERMICELLI NOODLES STIR-FRIED WITH PRAWN AND CHAR SUI, CURRY SPICES, VEGETABLES.
- 35.WON TON NOODLE SOUP NOODLE** £13.95
TRADITIONAL WONTON NOODLE SOUP WITH DELICATE PRAWN AND PORK WONTONS, EGG NOODLES, AND FRESH GREENS IN A LIGHT SAVOURY BROTH.
- 36.CHAR SUI NOODLE SOUP** £12.95
TRADITIONAL EGG NOODLE SOUP SERVED IN A RICH SAVOURY BROTH WITH TENDER CANTONESE-STYLE CHAR SIU BARBECUE PORK, FRESH GREENS, AND AROMATIC SEASONINGS.

Salads



37.TERRIYAKI STEAK SALAD

GRILLED STEAK SERVED ON A FRESH SALAD WITH CRISP VEGETABLES AND FINISHED WITH A RICH SWEET TERIYAKI GLAZE.

£14.95

38.THAI MANGO & PAPAYA PRAWN SALAD

FRESH PRAWNS TOSSED WITH MANGO, PAPAYA, CRISP VEGETABLES, AND FRAGRANT HERBS IN A VIBRANT AUTHENTIC THAI SAUCE

£12.95

Vietnamese Dishes

39.GỎI CUỐN

FRESH VIETNAMESE SUMMER ROLLS FILLED WITH PRAWNS, VERMICELLI NOODLES, CRISP VEGETABLES, AND FRAGRANT HERBS, SERVED WITH A LIGHT DIPPING SAUCE

£6.95

40.NEM RÁN

CRISPY VIETNAMESE SPRING ROLLS FILLED WITH SEASONED PORK, GLASS NOODLES, AND VEGETABLES, SERVED GOLDEN-FRIED WITH A VIETNAMESE SWEET & SOUR DIP

£6.95

41.BÚN BÒ HUẾ

SPICY VIETNAMESE BEEF NOODLE SOUP WITH LEMONGRASS BROTH, TENDER BEEF, RICE NOODLES, AND FRESH HERBS.

£12.95

42.BÁNH MÌ GÀ

CRISPY VIETNAMESE BAGUETTE FILLED WITH PICKLED VEGETABLES, FRESH HERBS, PÂTÉ, AND GRILLED CHICKEN

£7.95

43.BÁNH MÌ THỊT

CRISPY VIETNAMESE BAGUETTE FILLED WITH PICKLED VEGETABLES, FRESH HERBS, PÂTÉ, AND GRILLED CHICKEN

£8.95

44.BÚN CHẢ HÀ NỘI

HANOI-STYLE GRILLED PORK SERVED WITH RICE NOODLES, FRESH HERBS, AND A TANGY DIPPING BROTH.

£12.95

45.BÚN GÀ NƯỚNG

VIETNAMESE GRILLED CHICKEN NOODLE SALAD WITH VERMICELLI, FRESH HERBS, PICKLED VEGETABLES, AND TANGY FISH SAUCE DRESSING.

£11.95

46.BÚN THỊT NƯỚNG

VIETNAMESE GRILLED PORK NOODLE SALAD WITH VERMICELLI, FRESH HERBS, PICKLED VEGETABLES, AND TANGY FISH SAUCE DRESSING.

£12.95

47.PHO

TRADITIONAL VIETNAMESE NOODLE SOUP WITH AROMATIC BROTH, RICE NOODLES, FRESH HERBS, AND YOUR CHOICE OF PROTEIN:

£12.95

A. RARE BEEF

B. BEEF STEW

C. CHICKEN

D. SPECIAL PHO

£14.95

Sides

48.EGG FRIED RICE / 49.STIR FRIED SOFT NOODLES / 50.MIXED VEGETABLES £6.95 EACH